Girls' night out

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SWAFFHAM and Litcham Home Hospice is organising a Girls' Night Out sponsored walk next month as a new fundraiser for the charity.

The 10km moonlight walk around Swaffham on Saturday, June 18, starting at 9.30pm, will be for women only and participants are being encouraged to come in their pyjamas.

Organisers hope to get a big turnout, with at least 100 walkers, and to raise a minimum of £5,000 towards the £60,000-plus the hospice needs each year to support local people with life-limiting or terminal illnesses.

Hospice chief fundraiser Rob Young said: "Every participant gets flashing bunny ears, a hospice T-shirt, a medal and refreshments.

"At the end of the walk around historic, moonlit Swaffham we aim, weather permitting, for each walker to release Chinese lanterns in memory of the many patients we have supported. It should be an excellent evening."

The walk will start and finish at the hospice office in Brocks Road on Swaffham's EcoTech Business Park.

Women wanting to take part can contact Mr Young at the hospice on 01760 722937 or by emailing homehospice@care4free.net